



Rancho La Paloma Ministry Center

Building Community  Changing Lives

Meals

BREAKFAST

All meals are prepared FRESH on site daily. Every morning, you will be served a different entree from this list:

● <u>Scrambled Eggs</u>	● <u>Scrambled Eggs with Ham</u>	● <u>Quesadillas w/ Pico de Gallo</u> (flour tortillas filled with cheese, served with freshly made salsa from tomatoes, onions and cilantro)
● <u>Chicken Burritos</u> (flour tortillas, shredded chicken, beans and tomatoes)	● <u>Potato Burritos</u> (flour tortillas, potatoes, tomatoes and onions)	● <u>Scrambled Eggs with Bacon</u>

All breakfast entrees are served with:

● Pancakes and Syrup	● FRESH seasonal fruit	● Several Cold Cereals
● Fresh HOT Salsa	● Refried beans	● Corn or Flour Tortillas
● Milk, Coffee, Tea, Hot Chocolate and REAL Orange Juice.		

SACK LUNCH (Both Sandwiches)

● <u>Meat and Cheese Sandwich</u> (Ham/Turkey with cheese, mayo, lettuce, tomato, avocado and onion on wheat bread)	● <u>P B & J Sandwich</u> (Peanut Butter and Jelly on wheat bread)	● Fruit ● Bag of chips ● Soda pop
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Administrative Offices

9008 Linden Ave. N.
Seattle, WA 98103

Tecate Ministry Center

Prolongación Cuchuma #1528
Tecate, B.C. México

Corporate Offices

2280 University Drive, #101
Newport Beach, CA 92660

DINNER

All meals are prepared FRESH on site daily. Every evening you will be served a different entree from this list:

<ul style="list-style-type: none"> ● Tostadas (fried tortillas, beans, shredded beef OR chicken, lettuce, onions, tomatoes, sour cream, cheese) with fresh Hot Salsa (tomatillos, chilis, garlic). 	<ul style="list-style-type: none"> ● Chicken Breast (chicken, carrots, peas, tomato sauce) on rice. 	<ul style="list-style-type: none"> ● Fajitas (various sizzling vegetables with beef OR chicken strips), fresh salsa, beans, tortillas) served with rice
<ul style="list-style-type: none"> ● Burritos (flour tortilla filled with shredded beef OR chicken, tomatoes, onions, cilantro, beans, fresh salsa) 	<ul style="list-style-type: none"> ● Ranch Steak (beef, tomatoes, onion, garlic, green peppers) served on red rice (tomatoes added) 	<ul style="list-style-type: none"> ● Fish Tacos (tortillas, sea bass, cabbage, fresh salsa, mayo), lemons, vegetable soup. (fish is fried in oil with flour, mustard, oregano)
<ul style="list-style-type: none"> ● Carne Asada Tacos (grilled beef, onion, orange, garlic, pepper and salt) with guacamole, flour tortillas and fresh Hot Salsa. 	<ul style="list-style-type: none"> ● Barbequed Chicken (served with tortillas, salsa, pickled onions, Spanish rice and beans) 	

All dinner entrees served with:

<ul style="list-style-type: none"> ● Soda, Coffee, Tea, and Hot Chocolate.
<ul style="list-style-type: none"> ● Dessert: One of Chocolate cake, Ice cream bars, Ice cream sandwiches, cookies, etc...)

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